

Colon Hydrotherapy

Do you suffer from digestive stress?	Clients report the following:
<p>Poor concentration Aches & pains Food sensitivities Mood swings Irritable bowel syndrome (IBS) Skin problems or rashes Poor sleep Constipation Bloating & gas, etc...</p>	<p>Improved digestion Weight loss Better moods Enhances adaptability to stressful situations Improved skin conditions Improved concentration & mental focus Reduction in gas, bloating, & constipation Enhanced immunity and more...</p>

What are Colonics?

Colon Hydrotherapy (a.k.a. colonics, colon cleansing, and colon irrigation) is reported by many to be a safe, effective method of removing waste from the large intestine, without the use of drugs.

Infusing filtered and temperature regulated water into the colon, the waste is softened and loosened, resulting in evacuation, through natural peristalsis. The inflow of a small amount of water and the release of waste is repeated several times.

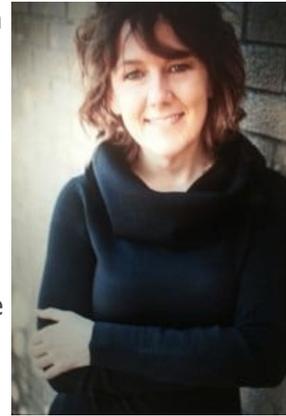
The highly specialized equipment ensures you an easy, odorless, and safe way of eliminating. The speculum used is thrown away after a one-time use.

Cleaning out the colon is often recommended — for example, before a medical procedure, such as a colonoscopy. But some people do it with the belief that the process will rid their colonics of excess toxins that have accumulated over time from the foods they eat, the air they breath, the water they drink and the lifestyles they lead.

Call 734.674.0922 to set up an appointment.

**Prices: 1 session = \$80
5 sessions = \$325 (\$15 savings if you pre-pay)**

Nancy Gurney is an I-ACT certified **Colonic Hydrotherapist** through the Center for Natural Healing in Royal Oak, Michigan. In addition, she is a **LDHS Loomis Digestive Health Specialist** through the Loomis Institute, Madison, WI and a **Certified Natural Health Practitioner (CNHP)** through Trinity School of Natural Health.



For her own personal health and healing she is also a registered Yoga Instructor (RYT 200) through Rising Sun Yoga and a Raw Food Chef through Alissa Cohen's Living on Live Food Certification Program. In addition, she graduated in Health and Healing through the Ann Wigmore Creative Health Institute, and became a Reiki Practitioner through Success Unlimited in Wyandotte, MI. She is also a graduate of Darkfield Health Sciences Institute, Lake Oswego, Oregon.

Nancy's Experience:

Bachelor's of Science: Eastern Michigan University

Colonic Hydrotherapist: 15 years experience.

Worked at the [Tree of Life Rejuvenation Center](#) as a colon hydrotherapist with Dr. Gabriel Cousens: Summer of 2007

Loomis Digestive Health Specialist: 6 years experience.

Testimonials

"Nancy is a fount of knowledge she shares with generosity and professionalism. I tried many paths to intestinal health after suffering a bacterial infection, but only found a healthy and permanent solution through her help. My life has changed!" ~ Marcia B

"I would highly recommend Nancy Gurney to anyone considering their health options. When I first visited her I had been experiencing years of chronic constipation and reoccurring IBS. For most of my life having one bowel movement a week was "normal". I am now feeling lighter, less bloated, thinking more clearly and have improved moods and energy. Following Nancy's suggestions and the products she recommended, I am surprised at what a positive effect I have seen. I only wish that I had done this many years ago. Thanks Nancy:...B McFarlane

"Nancy does a great job! The experience was private, comfortable and even relaxing. In addition, the series of colonics and herbal remedies I have done in the past 3 months have helped greatly with my stomach discomfort and digestive issues." Christie D

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"When you are ready to take your health seriously Nancy comes highly recommended. Health & Wellness begins with healthy digestion and she is the person who not only provides a good service, but someone who educates you through the process. Her insight, professionalism, and passion has made her a leader in her field. Thank you for the personalized treatment and wellness plan, I'm healthier and happier for it!!" ~ E. Dinwieddie

Balance