

# BACK TO BASICS OFFICE POLICIES

125 W. LAKE STREET ♦ SOUTH LYON, MI 48178 ♦ 248-921-0586

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**Hours: Tuesday 10 a.m.-5 p.m. Wednesday 1-7 p.m. Thursday 10 a.m.-5 p.m.**

**Monday & Friday Hours Vary    Closed: Weekends and all Holidays**

Please feel free to contact us via phone call or text during regular business hours.

Emails are ALWAYS welcome: [julib2b@gmail.com](mailto:julib2b@gmail.com).

If you feel you have a medical emergency please call 911 or go to your nearest emergency facility.

**Juli Johnson is a Traditional Naturopathic Doctor.** Juli is certified in holistic health, nutrition, comprehensive homeopathy, Zyto testing, Evox testing, Biomeridian testing, medical assisting and medical massage therapy. Juli is not a medical doctor and cannot use the words "*diagnose*" or "*cure*". Juli continues her education on an ongoing basis to bring you the most up-to-date information regarding your health. We look forward to assisting you and your body on the road to excellent health and well being! Please visit our website [www.back2basicshealth.com](http://www.back2basicshealth.com) for more information.

**Holistic Health:** Holistic health is the healing of the body, mind and spirit through the use of food, nutritional whole food supplements and other natural therapies.

**Missed Appointments:** Please let us know as soon as possible if you are unable to keep your appointment. We understand that emergencies happen, however, missed/cancelled appointments that have been given less than a 24 hour notice will be charged a \$35.00 fee. Also, being late 10 minutes or greater will be considered a missed appointment and you will be charged the cancellation fee.

**What to Expect:** Your first appointment can be a bit overwhelming with lots of information. If you have questions after your appointment, jot them down and send an email to [juli@back2basicshealth.com](mailto:juli@back2basicshealth.com). If you have a concern, send a text or call. Your inquiry will be answered as soon as possible.

**Continue ALL of your supplement suggestions until your next visit.** Some people report feeling worse once they have been on the supplements for a week or two. This is normal and should only last a couple of days. Don't stop taking them unless you have an adverse reaction. Every effort is made to take into account your body's specific needs. Please follow the suggestions that have been written especially for you and your needs.

**We encourage you to research!** Learn more about your health and conditions and how to heal yourself with natural therapies. The Westen A. Price Foundation, [Mercola.com](http://Mercola.com) and Dr. Josh Axe are trusted resources to begin your research with.

**Follow-up Appointments:** Follow-ups are usually scheduled within 3-4 weeks. Please allow a two week window if you have not scheduled before you leave our office.

**Thank you for coming in today!** We hope you found your visit to be helpful and informative. We look forward to seeing you again!